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What is claimed is:

1. An automatic safe disposable blood sampling device, comprising:

a case defining an shoot chamber, said shoot chamber being provided with
a lancet-exiting hole at a front end thereof ;

5 a lancet disposed slidably in said shoot chamber and provided with a
puncturing tip at a front portion thereof, said puncturing tip being pointed to said
lancet-exiting hole in an alignment manner;

a spring disposed at back of said lancet in a shooting direction of said
lancet;

10 a locking and shooting structure provided on a side of said lancet and
said case along a compression path of said spring, said locking and shooting
structure being composed of an elastic arm button on said case and an elastic
arm on said lancet, said elastic arm button being an extended structure on a
side of said case, a button engaging end of said elastic arm button facing a
15 locking hole provided on a side wall of said case, said elastic arm being
another extended structure on a side of said lancet corresponding to said side
wall of said case, a free end of said elastic arm being engagable with said
locking hole in a locking state, and a root portion of said elastic arm being
provided with a notch or a shrink neck on which stress is easy to concentrate,
20 said notch or shrink neck forming a self-destructive breaking point of said
elastic arm.

2. The blood sampling device according to the claim 1, wherein said notch
is provided on an outer side of said elastic arm.

25 3. The blood sampling device according to the claim 1, wherein said notch
on which stress in easy to concentrate has a V-shaped notch..

4. The blood sampling device according to the claim 1, wherein an
avoiding space is provided in a direction on which said elastic arm is bent
inwardly.

30 5. The blood sampling device according to the claim 1, wherein said free
end of said elastic arm is provided with a catching groove to be engaged with

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an inner side surface of said locking hole.